



# FACS

## Recipe for Success 7th Grade Cooking and Wellness

Mrs. Lazzaro  
Room 105  
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CLASS WEBSITE  
[www.blazzarofacs.weebly.com](http://www.blazzarofacs.weebly.com)



### TOPICS TO EXPLORE



1. Follow the class rules at all times.
2. Enter class quietly and begin appetizer assignment.
3. BE: Responsible, Respectful, and Kind
4. Clean up at the end of the hour!
5. Turn in classwork promptly to the correct location for your class
6. Always be prepared for class with your folder, pencil/pen, and a good attitude!
7. **Students will need their chromebook and ear buds for class.**
7. Always push in your chair before leaving.

### What is 7th Grade FACS?

The 7th grade curriculum will focus on cooking skills, nutrition, and healthy food choices to encourage a healthy lifestyle.

Students will collaborate with their peers and respect the rights and property of others while learning

. I am excited to be your teacher and I have high expectations for everyone! Following the "Recipe for Success" will ensure that we reach the expectations for this class and provide a positive learning experience for all students.



Safety and Sanitation  
Foodborne Illness  
Reading a Recipe  
Equipment  
Tools and Appliances  
Measuring Skills  
Nutrition and Wellness  
Reading the Nutrition Label  
Comparison Shopping/Menu planning  
Making Wise Food Choices  
Teamwork/Collaboration



### GRADES

Grades will be figured on total points earned for assignments, quizzes projects, labs, class participation and classroom etiquette. Points may be deducted for late work or incomplete work or labs.

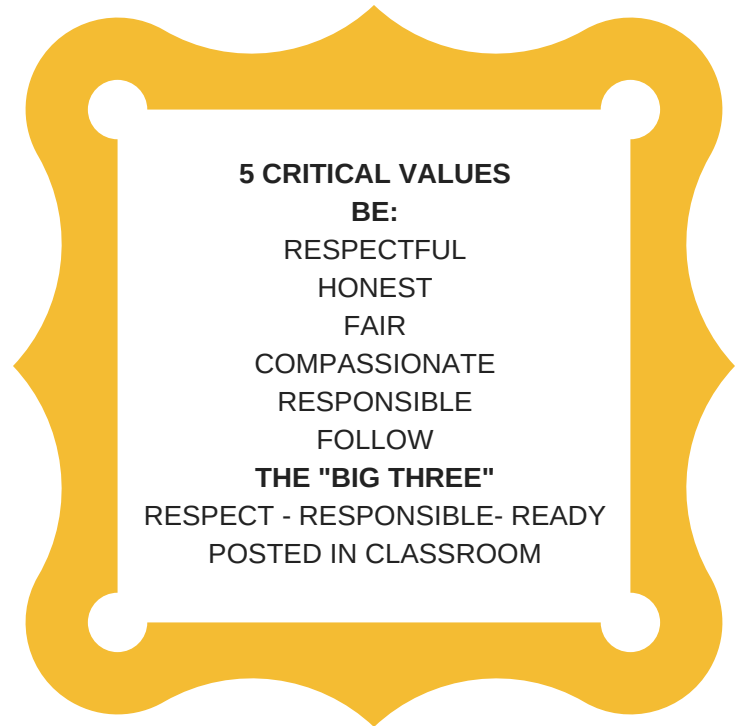
# WHAT NOT TO HAVE IN CLASS

FOOD AND DRINK

CELL PHONE: FOLLOW SCHOOL POLICY

## Behavior

1. 1st time: Warning
  2. 2nd time: Teacher conference
  3. 3rd time: Email or call home
- Referral to the office can happen at any time.



## LABS

To participate in labs, students must follow all safety and sanitation rules. Any classroom assignments that are not complete may result in not being able to participate in the lab. Improper use of equipment will result in a referral to the office.

## Absent

It is always your responsibility to check for missed work. Best time for this is before school. Check the assignment board in class as well as Google Classroom or Schoology.



## MOVIES WE MAY SEE

Ratatouille: (cooking terms, kitchen skills, measuring, safety and sanitation)  
FED UP Documentary: (Food choices, nutrition, well-being, Critical thinking)



**Parents: Please complete the google form in Schoology. Sign and Submit the form.**